




DNA's Discipleship iN Action

FAQ'S

Frequently Asked Questions
by Pastor Pete

Video	QR Code	Link
Introduction to DNA Groups		bit.ly/DNAGroupIntro
DNA Group Frequently Asked Questions		bit.ly/DNAGroupFAQv2
DNA Theological underpinning sermon on 1 John 2:12-14		bit.ly/DNASermon
Videos can also be accessed via church website at www.northernbeacheschurchofchrist.com.au/resources-for-growth.html		

Question	Answer
How do I start a DNA group?	Invite one or two other people. Decide on a time and place and just begin.
How many people are in a DNA group?	A DNA group can be as small as 2 or as large as 4. It is advisable to be single sex to facilitate transparency with one another.
Who do I ask permission from to start?	You don't have to ask anyone's permission. If you let the leadership know we can provide you support and resources.

Question	Answer
Can I invite others to our DNA group?	Yes. A DNA group is designed to help you grow in maturity which includes your ability to invite others into vibrant and exciting relationship with Jesus.
How often do we meet?	To be most effective you should meet ever 1-2 weeks.
How long is a meeting?	It can be as short as 15 minutes and as long as you like. It is normally best to keep it under 1 hour, so it doesn't become another busy thing you do in your life. If it is a sub-group of a small group (up to 12 people) then it is best to keep it to 15-20 minutes. If it is a separate meeting, then it can go as long as it needs to.
Where do we meet?	You can meet anywhere and at any time that suits your group. Examples might be: Meet in a coffee shop. Meet before or after church. Meet in someone's home.
If I invite someone, do they have to be a Christian?	No. It is important to let them know that the purpose of your group is to grow in your relationship with Jesus. It is not a social group! When non-Christians see Christians share honestly and to help each other they see a part of the Christian faith that is a powerful witness.
Does a DNA group replace my bible study or small group?	Ideally (see below) a DNA group is part of a small group, but it doesn't need to be. You should attend the type of group that best helps you grow as a disciple. In my personal experience a DNA group is more likely to help you grow than a small group and/or bible study. The most effective small groups are made up of multiple DNA groups.
What happens if our group gets bigger than 4?	Once you invite others and your group regularly has 4 members then it should break into 2 groups of 2. You might decide that both sets of groups want to gather at the same time and place, in which case you might meet as a small group but still have your separate DNA time. (See the diagram on the other side.)
How do we organise our time together?	Refer to the diagram on the other side of this page.

1: ISSUE
 What issue most concerns me at present?
 (A) Something I sense I need to start, stop, change or confess? James 5:16
 Or (B) Someone God has placed on my heart to pray for, reach out to, or share his love with. Matt 6:10; 28:19-20

2: HEARING
 What do I think God is saying to me via His word, people and/or circumstances?
 2 Timothy 3:16-17

3: INSIGHTS
 What insights do my Christian brothers/sisters have for me (from experience and/or understanding from the Word of God) that encourages, equips, rebukes or corrects me?
 1 Thessalonians 5:11

4: COMMIT
 What am I willing to commit to?
 a) To start, stop, change something?
 b) To learn/think/pray more?
 c) Not willing to make a commitment currently.
 James 1:22; 5:16; Romans 12:1-2

5: PRAY
 Pray for one another with a focus on their issue of concern.
 Ephesians 6:18

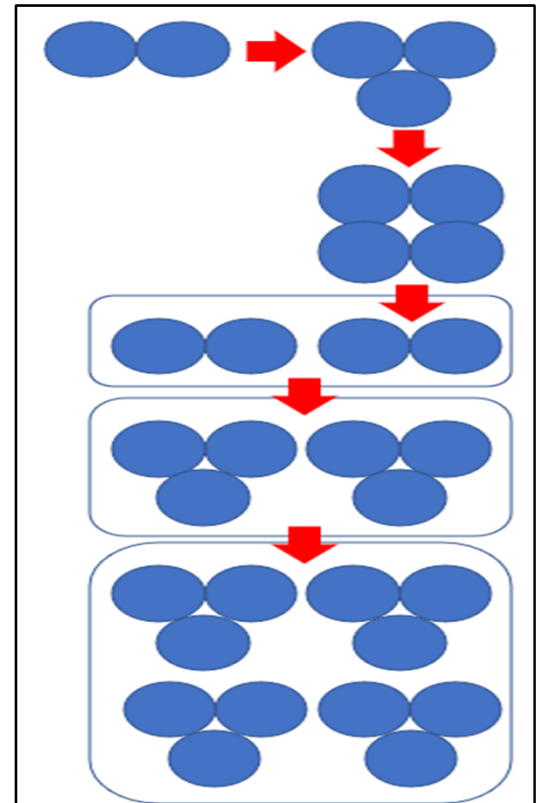
STEP 1: Person 1 shares their issue of concern.
 STEP 2: Person 1 shares what they think God is saying to them about this area of concern.
 STEP 3: The members of the group give feedback about what God may be saying into this situation.
 STEP 4: Person 1 determines if they are willing to commit something.
 Repeat Steps 1-4 for each person.
 Then STEP 5: Pray for each other.

What happens if our DNA group grows?

A DNA starts with 2-3 people. It is expected that you will want to invite others to join, including people exploring what it means to be a Christian. When a group regularly has 4 it should break into 2 groups of 2.

These 2 groups can either meet separately or they can form a small group. If you form a small group, you should keep your DNA time separate and only spend some time at the beginning and end of your meeting as a larger group. You might like to ask Pastor Peter for ideas on how to structure your small group to maintain the effectiveness of your DNA groups.

It is best for a small group that grows to 12 to break into two small groups that occasionally socialise together to maintain relationships..



A DNA group can be 2-4 people meeting as a group of their own.

If this DNA group is meeting as part of a larger group meeting, then (a) you break into groups of 2-4 (single sex); share as above for 20-30 minutes as agreed, (b) when you gather back into the larger group you share any key themes (not specific details) and the larger group then either (1) picks one of the themes to discuss further, or (2) goes into a previously agreed study topic.